

# Volunteering: How Helping Others Helps You

Volunteering has a positive effect on your community - and it's good for you too. Lions club members who do volunteer and fund-raising work call it a win-win situation. You feel good because you're helping others and the others feel good because they're getting the help. Giving back to your community is valuable in itself, but helping others offers many benefits. Both the people you are helping and fellow volunteers can give you new insight, no matter what group of people you're working with. You'll find that they have information and ways of looking at the world that can broaden your horizon. It's eye-opening to realize that doing even small thing can have a big impact on others.

Walden Lions Club is a small part of the world's largest service organization. Our 46,000 clubs and 1.35 million members make us the world's largest service club. We're also one of the most effective. Our members do whatever is needed to help our local communities. Everywhere we work, we make friends, with children who need eyeglasses, with seniors who don't have enough to eat and with people we may never meet. You have seen our club donate to various groups in Lively by us posting them in the Walden Today paper. We like what we do. It is a lot of work and this is why we need members. The more hands we have the easier the work gets. If you're interested in volunteering, leading projects, networking and having fun - you can do all of this and more as a Lions Club member. As a Lion, you'll perform local volunteer work to improve your community - and communities around the world.

Last year, 2012, there was a Walden-Can Meeting where Jacques Barbeau addressed the community about what he would like to see in Lively. We had discussions about what works in our community and what does not. We learned what happened to the outdoor rink sponsored by the Kinsmen Club and the repairs needed to the tennis court. We also heard about Jacques vision, about centralizing resources to the ski hill area. and about moving the Youth for Youth group to that area. There was even talk about a swimming pool complex such as the one in Espanola, and much more. Wouldn't it be nice to have a swimming pool? I, along with many others, drive 45 minutes to bring our children to this complex. Kids love it there. At the meeting everyone left in a positive mood thinking things will be happening in Lively. As a group our voice will be louder and we will have a better chance of achieving our goals.

This summer my husband and I spent a month traveling around Canada and the northern U.S. In almost every place we stopped we could see examples of ordinary people banding together to accomplish extraordinary things. We've also seen these things here at home. Lets get together and try to see more.

The Walden Lions Club meets every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month at Fielding Memorial Park, 6 pm.

Walden Lions Club

We Serve